8:00 – 9:45 A.M. REGISTRATION, CONTINENTAL BREAKFAST, AND WELCOME

SESSION I: 9:45 A.M. – 10:45 A.M.

ROBERT L. LEAHY, PH.D.
Clinical Professor of Psychology, Department of Psychology, Rowan College of Osteopathic Medicine and Director of the American Institute for Cognitive Therapy, New York, NY

EMOTIONAL SCHEMA THERAPY: COPING WITH AND WELCOMEING EMOTION

Everyone experiences unpleasant emotions, but not everyone endures them in a healthy way. In this workshop, we will discuss how emotional schemas, or the ways we make sense of our experience, can lead to psychological disorders. Emotional Schema Therapy (EST) is an integrative, social-cognitive model that proposes that problems arise when there are maladaptive schemas, interpretations, and attitudes about our experience. Emotional Schema Therapy as a treatment of anxiety disorder: A single subject design. International Journal of Cognitive Psychotherapy, 10(2), 155-170.


ADDITIONAL READINGS


SUGGESTED READINGS


ADDITIONAL READINGS


SUGGESTED READINGS


ADDITIONAL READINGS


SUGGESTED READINGS


ADDITIONAL READINGS


structure their environments, and develop the self-reflective
tative qualities necessary to perform well in their careers.
Some of the topics to be considered are the role of
ethical principles in guiding behavior, the importance of role
comprehension and the development of skills and
principles.

Dr. Knapp is a Diplomate of the American Board
of Academic Medicine, 84, 221-231.

Dr. Epstein, R. M., & Hudert, E. M., (2002). Defining and
practicing ethical and professional issues, writes articles for the Pennsylvania Psychologist,
advocates for professional psychologists with state and
educational regulatory agencies, and is an author on professional issues. He is also an adjunct
professor of psychology at Lehigh University.

Target Audience: Doctoral Level Psychologists
and Other Mental Health Professionals
Level of Instruction: Intermediate
Number of CE Credits Offered: 3 CE Credits
*Note: This workshop fulfills the requirement of the Pennsylvania State Board of Psychology.

Cost: Free

CRITERIA FOR EARNING CE
For those attending the entire day-long program, morning
sessions (2 hours and 1 hour, respectively) and after
noon-session (3 hours), you must sign into each session,
teach session in its entirety and complete and submit
the evaluation at the conclusion of each session to be
eligible for CE. The workshop will be led by a few
paraprofessionals.

For any program for which a fee is charged, there is a Refund/
cancellation policy. For cancellations made three or more days prior to the program, a
full refund will be paid. For cancellations made less than three
days prior to the event a credit to attend a future CE program will be issued.

Further Information about the Refund/Cancellation Policy and
any other questions may be obtained by contacting Katie
Ganson, M.S.Ed, Coordinator of School Psychology Programs and
Continuing Education.

REGISTRATION
All PCOM clinical supervisors and faculty are invited to attend. Please fill out this form and return to the PCOM Office of Continuing Education.

Deadline: October 25, 2019

Payment Method:
Check
Credit Card

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If you have any questions about your registration, refund/cancellation policy or other, please contact: Katie Ganson, M.S.Ed.

PCOM Office of Continuing Education
3400 City Avenue Suite 513
4190 City Avenue
Philadelphia, PA 19104

Email: katieg@pcom.edu
Phone: 215-871-6463

DIRECTIONS TO PCOM:
From New York, New Jersey or New England
Take New Jersey Turnpike South to I-95 South. Continue on I-95 to I-76 East at Conshohocken.
Take I-76 East to the City Avenue Exit U.S. Route 1 South.
Take City Avenue South two blocks to Monument Road.
Make a left onto Monument Road, PCOM’s entrance is on your right. Follow signs to parking garage (fee $5).

From Washington, D.C., Baltimore or Maryland
Take Interstate 95 South. In Philadelphia, take I-95 South to U.S. Route 1 South.
Take City Avenue South two blocks to Monument Road.
Make a left onto Monument Road, PCOM’s entrance is on your right. Follow signs to parking garage (fee $5).

From Philadelphia International Airport
Take Interstate 95 North. Look for signs to I-76 West to Philadelphia - Valley Forge.
Take I-76 (follow signs to Valley Forge) at St. Joseph’s University sign - stay in left lane and look for signs to PCOM.
Take City Avenue South two blocks to Monument Road.
Make a left onto Monument Road, PCOM’s entrance is on your right. Follow signs to parking garage (fee $5).

From the West
Drive west on the PA Turnpike to Exit 23A (King of Prussia Valley Forge).
After the toll booth, follow signs for Philadelphia I-76 East.
Take I-76 East to the City Avenue Exit U.S. Route 1 South.
Take City Avenue South two blocks to Monument Road.
Make a left onto Monument Road, PCOM’s entrance is on your right. Follow signs to parking garage (fee $5).

From Scranton/Wilkes-Barre
Take the Northeast Extension RT 476.
Continue on I-476 through tolls.
Take I-76 East at Conshohocken.
Take I-76 East to the City Avenue Exit U.S. Route 1 South.
Take City Avenue South two blocks to Monument Road.
Make a left onto Monument Road, PCOM’s entrance is on your right. Follow signs to parking garage (fee $5).

From Northern Suburbs/Route 1
Take US 1-550 Roosevelt Blvd.
Merge onto US-1-550A Ave E toward Ex-339 on the left.
Take City Avenue South two blocks to Monument Road.
Make a left onto Monument Road, PCOM’s entrance is on your right. Follow signs to parking garage (fee $5).