

Tuesday, June 23 • 10:00 – 11:00 A.M.

Terri Erbacher, PhD, Clinical Associate Professor, PCOM

LIVE WEBINAR: Clinical Assessment and Management of Suicide Risk in a Virtual World



Clinical assessment and management of suicide risk may be forever changed post-COVID19. During the pandemic, clinicians are finding themselves unexpectedly doing telehealth and telecounseling, yet working with suicidal clients virtually presents unique challenges and can create fear and anxiety for clinicians. This session will introduce suicide risk factors including racial and socioeconomic disparities indicated during and after the COVID19 pandemic. Both challenges as well as tips and strategies for assessing risk in a virtual world will be presented. This includes building relationships virtually and assessing the social, financial and emotional impact of COVID19. Research on intervening with suicidal clients virtually will also be presented. Participants will leave this workshop with many specific tips and strategies and skills that can be implemented immediately. The presenter will use the clinical and empirical literature as well as knowledge in this area to inform guidelines for best practice.

NOTE: This session meets criteria for Pennsylvania Act 74 licensure requirements.

EDUCATIONAL OBJECTIVES

Based on the presentation, the participants will be able to:

- Outline suicide risk factors including racial disparities indicated with COVID19
- Describe challenges and strategies in conducting virtual suicide risk assessments
- Describe issues of diversity in conducting virtual risk assessments
- List questions regarding the COVID19 pandemic to integrate into risk assessments
- Discuss research-based strategies to effectively intervene virtually with suicidal clients

SUGGESTED READINGS

Abreu, R. L., & Kenny, M. C. (2018). Cyberbullying and LGBTQ youth: A systematic literature review and recommendations for prevention and intervention. *Journal of Child & Adolescent Trauma*, 11(1), 81–97. <https://doi.org/10.1007/s40653-017-0175-7>

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Davidson, J. E., Proudfoot, J., Lee, K., & Zook, S. (2019). Nurse suicide in the United States: Analysis of the Centers for Disease Control 2014 national violent death reporting system dataset. *Archives of Psychiatric Nursing*, 33, 16-21. doi.org/10.1016/j.apnu.2019.04.006

Dutheil, F., Aubert, C., Pereira, B., Dambrun, M., Moustafa, F., Mermillod, M., Baker, J. S., Trousselard, M., Lesage, F. X., & Navel, V. (2019) Suicide among physicians and health-care workers: A systematic review and meta-analysis. *PLoS ONE*, 14(12), 1-28. doi.org/10.1371/journal.pone.0226361.

Erbacher, T.A. & Singer, J.B. (2018). Suicide Risk Monitoring: The Missing Piece in Suicide Risk Assessment. *Contemporary School Psychology*, 22, 186-194. <https://doi.org/10.1007/s40688-017-0164-8>

Erbacher, T.A., Singer, J.B., & Poland, S. *Suicide in schools: A practitioner's guide to multi-level prevention, assessment, intervention and postvention*. Routledge.

Fleischmann, A., Bertolote, J.M., Wasserman, D., De Leo, D., Bolhari, J., Botega, N.J., De Silva, D., Phillips M., Vijayakumar, L., Varnik, A., Schlebusch, L., & Thi Thanh, H.T. (2008). Effectiveness of brief intervention and contact for suicide attempters: A randomized controlled trial in five countries. *Bulletin of the World Health Organization*, 86(9), 703-709.

Fulginiti, A., Rice, E., Hsu, H. T., Rhoades, H., & Winetrobe, H. (2016). Risky integration: A social network analysis of network position, exposure, and suicidal ideation among homeless youth. *Journal of Crisis Intervention and Suicide Prevention*, 37(3), 184–193.

Hollis, C., Falconer, C. J., Martin, J. L., Whittington, C., Stockton, S., Glazebrook, C., & Davies, E. B. (2017). Annual Research Review: Digital health interventions for children and young people with mental health problems – a systematic and meta-review. *Journal of Child Psychology and Psychiatry*, 58(4), 474–503. <https://doi.org/10.1111/jcpp.12663>

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Oyesanya, M., Lopez-Morinigo, J. & Dutta, R. (2015). Systematic review of suicide in economic recession. *World Journal of Psychiatry*, 5(2), 243-254. doi.org/10.5498/wjp.v5.i2.243

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Van Orden, K. A., Witte, T. K., Cukrowicz, K. C., Braithwaite, S. R., Selby, E. A., & Joiner, T. E., Jr. (2010). The interpersonal theory of suicide. *Psychological Review*, 117(2), 575–600. doi.org/10.1037/a0018697.

ABOUT THE PRESENTER

Terri A. Erbacher, PhD has been a school psychologist with the Delaware County Intermediate Unit since 1999 and a clinical associate professor at Philadelphia College of Osteopathic Medicine since 2007, where she teaches courses in crisis management, suicide risk, and threat assessment. Dr. Erbacher received her PhD in School Psychology from Temple University in 2002. She is a certified school psychologist and licensed psychologist in Pennsylvania. She has written extensively on topics of expertise in book chapters, journal articles, and newsletters, and is a health contributor for Philly.com. Dr. Terri has given over 100 presentations to schools, parents, police, and community organizations, has been a frequent guest expert in the media, including NPR and 6abc, and often consults and responds to local school districts in the aftermath of a critical incident. Amongst many board roles, Dr. Terri is past President for the Philadelphia Chapter of the American Foundation for Suicide Prevention and currently serves as the Crisis Committee Chairperson for the Association of School Psychologists of Pennsylvania. She is the lead author of the important and innovative text *Suicide in Schools* released in 2015. She has received multiple awards for her service to the community, including being named Pennsylvania's School Psychologist of the Year.

Target Audience: Doctoral Level Psychologists and Other Mental Health Professionals

Level of Instruction: Intermediate

Number of CE Credits Offered: 1 CE credit

Cost: Free

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Further Information about the Refund/Cancellation Policy and any other questions may be obtained by contacting Katie Garson, M.S.Ed., Coordinator of Continuing Education at katiega@pcom.edu.