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PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE
Department of Psychology – Continuing Education
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PHILADELPHIA
COLLEGE OF
OSTEOPATHIC
MEDICINE

DEPARTMENT
OF PSYCHOLOGY
CONTINUING
EDUCATION
SPRING 2016
ROVINSKY FAMILY LECTURESHIP

PCOM is honored to recognize major support from the family of Harvey Rovinsky for the Rovinsky Family Lectureship.

The Department of Psychology appreciates the generous gift from the Rovinsky family, which helps to enhance the speaker series.



REGISTRATION

The Rovinsky Family Lectureship is free of charge, but advance registration is requested. To register, please call the PCOM Department of Psychology at 215-871-6442.

PARKING

PCOM has a parking garage that can be entered from the PCOM driveway off Monument Road, from Stout Road, or from City Avenue. Cost: \$5

READINGS

A brief list of readings for each presentation will be distributed to participants on the evening of the event.

CONTINUING EDUCATION (CE) CREDITS

CRITERIA FOR EARNING CE

Those attending must sign into each session, attend each session in its entirety and complete and submit the evaluation form at the conclusion of each session to be awarded a total of 2.0 Continuing Education credits. Partial credits for any given session are not available.

PSYCHOLOGISTS: 2.0 CE hours/credits per event. The Philadelphia College of Osteopathic Medicine (PCOM) Department of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The PCOM Department of Psychology maintains responsibility for this program and its content.

NBCC COUNSELORS: 2.0 CE hours/credits per event. Philadelphia College of Osteopathic Medicine, Department of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No.5672. Programs that do not qualify for NBCC credit are clearly identified. Philadelphia College of Osteopathic Medicine, Department of Psychology is solely responsible for all aspects of the programs.

LICENSED SOCIAL WORKERS: 2.0 CE hours/credits per event. The Philadelphia College of Osteopathic Medicine (PCOM) Department of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The PCOM Department of Psychology maintains responsibility for this program and its content. *The Pennsylvania Board of Social Work Examiners recognizes and accepts the psychology continuing education hours/credits for social workers. Social workers who meet the CE criteria will receive the Certificate of Attendance.*

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SPRING 2016

ROVINSKY FAMILY LECTURESHIP

The Department of Psychology cordially invites you to attend our Rovinsky Family Lectureship. The mission of the Rovinsky Lectureship is to provide cutting-edge professional continuing education by addressing important critical issues in clinical practice. Our speakers are experts within the fields of psychology and mental health and provide training for psychologists, social workers, counselors, psychiatrists and other healthcare providers.

LOCATION:

Philadelphia College of
Osteopathic Medicine
4170 City Avenue
Rowland Hall 340A

TIME: 6:00 to 8:00 p.m.
Refreshments will be served.

FEBRUARY 19, 2016

Craig Strohmeier, PsyD, BCBA-D

COLLABORATING WITH SCHOOLS AND FAMILIES TO CREATE EFFECTIVE ASSESSMENT AND TREATMENT STRATEGIES FOR PEDIATRIC BEHAVIOR DISORDERS

Disruptive behavior disorder, impulse control disorder and conduct disorder are common pediatric behavior disorders that interfere with a child's functioning in school, home and social settings. Therefore, careful consideration of problematic behaviors as they occur in these environments is often necessary to produce effective assessment and treatment strategies. In this presentation, attendees will be introduced to contemporary functional contextual, behavioral analytic approaches to the assessment and treatment of pediatric behavior disorders. Special emphasis will be placed on: a) the process of developing a functional analysis of problem behavior that is informed, in part, by the teachers and caregivers who observe the problem behavior most often, and b) treatment components that provide the foundation for most behavioral treatments. Strategies for treatment development and evaluation of treatment effectiveness will also be reviewed. The presenter will use the clinical and empirical literature as well as practice knowledge in this area to inform guidelines for best practice.

Educational Objectives:

Based on the presentation, the participants will be able to:

- List the most common functions of problem behaviors demonstrated by children with behavior disorders
- Describe the most effective method for verifying problem behavior function
- Describe how functional analysis results inform treatment
- List three treatment components that comprise the majority of effective behavioral treatments

Target Audience: Doctoral Level Psychologists and Other Mental Health Professionals

Level of Instruction: Intermediate

Number of CE Hours/Credits Offered: 2.0 Cost: Free

ABOUT THE SPEAKER: Craig W. Strohmeier, PsyD, BCBA-D, is a senior behavior analyst at Bancroft's Neurobehavioral Stabilization Unit. Dr. Strohmeier is also an adjunct faculty member at Philadelphia College of Osteopathic Medicine (PCOM) in the school psychology program. He received a master's degree in counseling psychology from Temple University and a master's and doctoral degree in clinical psychology from PCOM. He is also a board certified behavior analyst. Before joining Bancroft and PCOM in Fall 2015, Dr. Strohmeier completed a two-year fellowship in pediatric research at the Kennedy Krieger Institute and the Johns Hopkins University School of Medicine where he received specialized training in the functional analysis and treatment of severe behavior disorders.

MARCH 4, 2016

Terri A. Erbacher, PhD

THE ELEPHANT IN THE ROOM: ASSESSMENT AND MANAGEMENT OF SUICIDE RISK

Suicide is the second leading cause of death for those ages 15-24 and risk becomes even greater in middle age. Over 41,000 individuals die by suicide each year, yet working with suicidal clients often presents as both a professional challenge and a personal fear. The ability to conduct an informed suicide risk assessment is a vital skill for clinicians. This session will include strategies for identifying often-hidden warning signs and risk factors, working within a systems perspective and building a therapeutic alliance. Practitioners attending this workshop will also learn skills to effectively conduct suicide risk assessment interviews, determine level of suicide risk, monitor suicidal behavior over time and plan for safety with potentially suicidal clients. Issues of vicarious traumatization will also be touched upon. Attendees will leave this workshop with many specific strategies, skills and assessment tools that can be utilized immediately. This seminar will conclude with a comprehensive case review to ensure practical understanding of the material presented. The presenter will use the clinical and empirical literature as well as practice knowledge in this area to inform guidelines for best practice.

Educational Objectives

Based on the presentation, the participants will be able to:

- Discuss risk factors and warning signs of suicidal behavior
- Describe and document a comprehensive suicide risk assessment
- Discuss practical strategies to plan for safety and monitor suicide risk over time
- Discuss concepts learned to actual case studies

Target Audience: Doctoral Level Psychologists and Other Mental Health Professionals

Level of Instruction: Intermediate

Number of CE Hours/Credits Offered: 2.0 Cost: Free

ABOUT THE SPEAKER: Terri Erbacher, PhD, has practiced as a school psychologist with the Delaware County Intermediate Unit for over 15 years and has been a core faculty member at PCOM since 2007. Dr. Erbacher is past president for the Philadelphia chapter of the American Foundation for Suicide Prevention. She currently serves on the executive committee of the Pennsylvania Youth Suicide Prevention Initiative and is the crisis prevention committee chairperson on the executive board of the Association of School Psychologists of Pennsylvania. Dr. Erbacher is an author, distinguished speaker, guest expert in the media and often consults and responds to local school districts in the aftermath of a critical incident. Her specialized expertise centers on crisis management in schools, suicide prevention and risk assessment, as well as grief and traumatic loss. She is the lead author of the important and innovative text *Suicide in Schools*, released in 2015. Her passion for helping children in crisis and training school-based professionals has earned her multiple awards for her service to the community. She was also named Pennsylvania's School Psychologist of the Year in 2011.

MARCH 18, 2016

Norman Cotterell, PhD

COGNITIVE THERAPY OF ANGER

This presentation will introduce Intersectionality Theory as a framework for conceptualizing and addressing the unique needs and experiences of individuals. Intersectionality Theory considers the ways that membership and identification within multiple groups (race, gender, sexual orientation etc.) uniquely affect the lives and experiences of individuals. Black women will be the focus of the discussion. The role of cultural identification with beliefs of strength, self-reliance and resilience will be explored as relevant ideals for this group. Additionally, intersectionality as a conceptual framework for considering the needs and experiences of other individuals and clients will be explored during the presentation. The presenter will use the clinical and empirical literature as well as practice knowledge in this area to inform guidelines for best practice.

Educational Objectives

Based on the presentation, the participants will be able to:

- Describe episodes of anger
- Describe and compare the positive and negative aspects of anger
- Discuss seven points of intervention in episodes of anger
- Discuss tools to help patients intervene such episodes

Target Audience: Doctoral Level Psychologists and Other Mental Health Practitioners

Level of Instruction: Intermediate

Number of CE Hours/Credits Offered: 2.0 Cost: Free

ABOUT THE SPEAKER: Norman Cotterell, PhD, earned his bachelor's degree in psychology from Princeton University and his PhD in clinical psychology from the University of Delaware. He is a licensed psychologist in Pennsylvania and is a Founding Fellow of the Academy of Cognitive Therapy. He has worked at the Beck Institute for Cognitive Therapy and Research since 1996. Dr. Cotterell completed his postdoctoral fellowship at the Center for Cognitive Therapy at the University of Pennsylvania in 1990 under the direction of Aaron T. Beck, MD. He has served as a protocol therapist on a variety of large scale psychotherapy outcome studies including drug abuse, panic disorder and the prevention of depression. He has lectured extensively for hospitals, churches, and support groups, and has conducted workshops across the United States and in Brazil. He has supervised residents and fellows in cognitive therapy, and is a past recipient of the O. Spurgeon English Faculty Award for teaching psychiatry residents at Temple University. He is a highly active therapist at the Beck Institute treating older adolescents, adults, older adults and couples with a variety of difficulties.

Unless otherwise specified in the program promotional materials, there is no commercial support interest to the sponsor, instructors, content of instruction or any other relationship that could be construed as a conflict of interest. Unless otherwise noted in the promotional materials, all PCOM Department of Psychology CE programs are free of charge. For any program for which a fee is charged, there is a Refund/Cancellation Policy.

REFUND/CANCELLATION POLICY:

For any program that has a fee attached, the Department of Psychology requires that notification of cancellation be made no later than three business days before the day of the program. Full refunds are available for notifications for programs with fees that are made within three business days prior to the day of the event. For all other cancellations, a credit will be issued for a future PCOM CE program.

FURTHER INFORMATION about the

Refund/Cancellation Policy and any other questions may be obtained by contacting Rachel Cuffeld-Gaymon, MBA, coordinator of continuing education at 215-871-6533 or Rachelcu@pcom.edu.

