



# 2025 Supervisor Training Day **Part 2**

**FRIDAY, SEPTEMBER 26, 2025 9:00AM – 12:00PM ET | LIVE WEBINAR**

## ETHICAL SUPERVISION IN THE TELEHEALTH AGE

Molly Cowan, PsyD, Pennsylvania Psychological Association

### PROGRAM DESCRIPTION:

Many psychologists now incorporate telehealth into their daily work, which has introduced new considerations for providing supervision to trainees—both in terms of how to appropriately deliver supervision via telehealth and how to train supervisees in the unique ethical challenges of using telehealth with clients. This workshop will focus on strategies for providing supervision around telehealth in a manner that is ethical, legally sound, and clinically in the patient's best interest. Drawing from professional guidelines and the latest empirical research, the presenter will offer practical, evidence-based guidelines to inform best practices.

### EDUCATIONAL OBJECTIVES

By the end of this session, the participants will be able to:

- » List at least 2 duties of supervisors that emerge from statutes, ethics codes, and the professional literature.
- » Discuss the APA Telehealth Guidelines and their application to supervision
- » Identify 2 strategies for instructing trainees in good clinical care using telehealth

### ABOUT THE PRESENTER

Dr. Molly Cowan serves as Director of Professional Affairs for the Pennsylvania Psychological Association (PPA). She previously served on the PPA Board of Directors and is a past chair of the PPA Ethics Committee. Prior to becoming DPA, Dr. Cowan worked in various settings, including private practice, community mental health, and college counseling, where she specialized in working with athletes and members of the LGBTQ+ community. Dr. Cowan earned a PsyD in Clinical Psychology from Indiana University of Pennsylvania.

In her role as DPA, Dr. Cowan provides consultations to PPA members on issues related to mandated reporting, confidentiality, interjurisdictional practice, insurance matters, and licensing questions. She also provides continuing education and serves as staff liaison for several committees within PPA.

**Level of Instruction: Intermediate**

**Number of Credits: 3**

**Cost: \$45, free for PCOM faculty, staff, alumni, students, clinical supervisors, \$30 PBTA**

**Credits offered: APA and NBCC**

### SUGGESTED READINGS

American Psychological Association. (2024). *Proposed revision of guidelines for the practice of telepsychology*. <https://www.apa.org/practice/guidelines/telepsychology-revisions.pdf>

American Psychological Association. (2017). *Ethical principles of psychologists and code of conduct* (2002, amended December 2016). <http://www.apa.org/ethics/code/ethics-code-2017.pdf>

American Psychological Association. (2015). Guidelines for clinical supervision in health service psychology. *American Psychologist*, 70(1), 33–46. <https://doi.org/10.1037/a0038112>

Knapp, S. J., & Fingerhut, R. (2024). *Practical ethics for psychologists: A positive approach* (3rd ed.). American Psychological Association.

<https://conted.pcom.edu/public-catalog/products/383>

## CRITERIA FOR EARNING CE

Full attendance is required to receive CE credit for each session. No partial credits are available. All participants must sign an attestation regarding attendance and indicate the type of CE credit they require through a link which will be provided following the session. At the conclusion of each session participants will be provided an additional link to complete an evaluation survey; we request that you take a few minutes to anonymously provide feedback. Co-sponsored by Philadelphia College of Osteopathic Medicine.



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