



Rovinsky Family Lecture Series

2025 Supervisor Training Day **Part 1**

FRIDAY, SEPTEMBER 12, 2025 9:00AM – 11:00PM ET | LIVE WEBINAR

The Safety Planning Intervention to Reduce Suicide Risk: It's more than filling out the form!

Gregory K Brown, PhD, Perelman School of Medicine, University of Pennsylvania

PROGRAM DESCRIPTION

This CE session, led by Dr. Gregory Brown, provides an overview of the Safety Planning Intervention (SPI), a brief, collaborative, and evidence-based approach to reducing suicide risk. Developed by Brown and Stanley, the SPI has been widely implemented in clinical, emergency, and community settings. Drawing on clinical expertise and empirical data, the presentation will cover the rationale, structure, and implementation of the safety plan, as well as common challenges and adaptations for diverse populations. Attendees will gain practical tools for integrating safety planning into routine clinical care to enhance patient safety and promote recovery.

EDUCATIONAL OBJECTIVES

By the end of this session, the participants will be able to:

- » Describe the key components of the Safety Planning Intervention and the rationale behind each step.
- » Explain the empirical evidence supporting SPI as a suicide prevention strategy.
- » Demonstrate how to collaboratively develop a safety plan with clients at risk for suicide

ABOUT THE PRESENTER

Dr. Gregory Brown is a nationally and internationally recognized expert in suicide prevention, with over four decades of experience in clinical psychology. He holds a B.S. in Psychology from Denison University, an M.S. in Clinical Psychology from the University of Bridgeport, and a Ph.D. in Clinical Psychology from Vanderbilt University. Dr. Brown is best known for co-developing two evidence-based interventions for individuals at risk for suicide: the Safety Planning Intervention and Cognitive Therapy for Suicide Prevention. His research focuses on reducing suicide risk in high-risk populations through innovative, targeted treatments and improving the implementation of these interventions in real-world clinical settings. He has served as Principal Investigator or Co-Investigator on numerous research grants from organizations such as the National Institute of Mental Health, the Department of Veterans Affairs, and the Department of Defense. In addition to his research, Dr. Brown provides clinical training in suicide risk assessment, risk management, and cognitive behavioral therapy. His work has earned him multiple honors, including the prestigious Morselli Medal from the International Academy for Suicide Research.

Number of Credits: 2

Cost: \$25, \$20 PBTA (Free for PCOM faculty, staff, students, alumni, clinical supervisors)

Credits offered: APA and NBCC

SUGGESTED READINGS

- Chitavi, S. O., Williams, S. C., Patrianakos, J., Schmaltz, S. P., Boudreaux, E. D., Ahmedani, B. K., Roaten, K., Comtois, K. A., Akkas, F., & Brown, G. K. (2025). Evaluating the prevalence of suicide risk screening practices in accredited hospitals. *The Joint Commission Journal on Quality and Patient Safety*. Advance online publication. <https://doi.org/10.1016/j.jcjq.2025.01.010>
- Arias, S. A., Weinstock, L. M., Toor, M., Cinader, M., Schall, G., Brown, G. K., Stanley, B., & Johnson, J. E. (2025). Recent and lifetime suicide behaviors and risk factors at baseline in a suicide prevention trial conducted across the transition from pretrial jail detention to the community. *Psychiatric Services*. Advance online publication. <https://doi.org/10.1176/appi.ps.20240446>
- Chitavi, S. O., Patrianakos, J., Williams, S. C., Schmaltz, S. P., Ahmedani, B. K., Roaten, K., Boudreaux, E. D., & Brown, G. K. (2024). Evaluating the prevalence of four recommended practices for suicide prevention following hospital discharge. *The Joint Commission Journal on Quality and Patient Safety*, 50(6), 393–403. <https://doi.org/10.1016/j.jcjq.2024.02.007>
- Brown, G. K., Wolk, C. B., Green, K. L., Nezir, F., Mowery, D. L., Gallop, R., Reilly, M. E., Stanley, B., Mandell, D. S., Oquendo, M. A., & Jager-Hyman, S. (2024). Safety planning intervention and follow-up: A telehealth service model for suicidal individuals in emergency department settings: Study design and protocol. *Contemporary Clinical Trials*, 140, 107492. <https://doi.org/10.1016/j.cct.2024.107492>
- Brown, G. K., Batdorf, W., Dedert, E., Kumpula, M. J., Day, K., Stanley, B., & Crowe, C. (2024). National implementation of advanced training in the safety planning intervention in the Department of Veterans Affairs health care system. *Psychological Services*. Advance online publication

Registration Link: <https://conted.pcom.edu/app/store/products/382>

CRITERIA FOR EARNING CE

Full attendance is required to receive CE credit for each session. No partial credits are available. All participants must sign an attestation regarding attendance and indicate the type of CE credit they require through a link which will be provided following the session. At the conclusion of each session participants will be provided an additional link to complete an evaluation survey; we request that you take a few minutes to anonymously provide feedback. Co-sponsored by Philadelphia College of Osteopathic Medicine.



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