

Medical History

Please print the following information:

Today's date _____

Name _____

DOB: _____ / _____ / _____

Occupation _____

Education _____

Medications you are currently taking _____

Allergies (including medication) _____

Please describe your diet:

Breakfast _____

Lunch _____

Dinner _____

Exercise _____

Personal Medical History

Place a **check** next to those conditions that you have had in the past and that are no longer present.

Circle those conditions that you are currently experiencing. **Indicate the age** of onset of these conditions.

- | | | |
|--|--|--|
| <input type="checkbox"/> Failing vision | <input type="checkbox"/> Heart murmurs | <input type="checkbox"/> Hernia |
| <input type="checkbox"/> Double or blurred vision | <input type="checkbox"/> Palpitations | <input type="checkbox"/> Bladder infections |
| <input type="checkbox"/> Eye pain | <input type="checkbox"/> Swollen ankles | <input type="checkbox"/> Kidney infections |
| <input type="checkbox"/> Eye infections | <input type="checkbox"/> Fainting spells | <input type="checkbox"/> Pain on urination |
| <input type="checkbox"/> Decreased hearing | <input type="checkbox"/> Leg pain when walking | <input type="checkbox"/> Poor control of urination |
| <input type="checkbox"/> Ringing / buzzing in ears | <input type="checkbox"/> Varicose veins / phlebitis | <input type="checkbox"/> Decreased force of urination |
| <input type="checkbox"/> Ear infections | <input type="checkbox"/> Recent loss of appetite | <input type="checkbox"/> Blood in urine |
| <input type="checkbox"/> Allergies / hay fever | <input type="checkbox"/> Difficulty swallowing | <input type="checkbox"/> Kidney stones |
| <input type="checkbox"/> Sinus trouble | <input type="checkbox"/> Heartburn | <input type="checkbox"/> STD |
| <input type="checkbox"/> Nose bleeds | <input type="checkbox"/> Persistent nausea / vomiting | <input type="checkbox"/> Chronic fatigue |
| <input type="checkbox"/> Frequent sore throats | <input type="checkbox"/> Ulcers | <input type="checkbox"/> Recent weight loss |
| <input type="checkbox"/> Prolonged hoarseness | <input type="checkbox"/> Chronic abdominal pain | <input type="checkbox"/> Excess weight gain |
| <input type="checkbox"/> Thyroid disease | <input type="checkbox"/> Recent change in bowel habits | <input type="checkbox"/> Anemia |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Bruise easily |
| <input type="checkbox"/> Emphysema | <input type="checkbox"/> Constipation | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Chronic cough | <input type="checkbox"/> Black or tarry stool | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Red blood in stools | <input type="checkbox"/> Convulsions / seizures |
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Hemorrhoids | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Diverticulitis | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Shortness of breath on exertion | <input type="checkbox"/> Gall bladder trouble | <input type="checkbox"/> Muscle weakness |
| <input type="checkbox"/> Shortness of breath lying flat | <input type="checkbox"/> Jaundice / hepatitis | <input type="checkbox"/> Numbness / tingling sensation |
| <input type="checkbox"/> Chest pain | | <input type="checkbox"/> Frequent headaches |

- | | | |
|--|--|---|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Scarlet fever | <input type="checkbox"/> # of miscarriages |
| <input type="checkbox"/> Gout | <input type="checkbox"/> Rheumatic fever | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Cold or numb feet | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Method of birth control |
| <input type="checkbox"/> Rashes | <input type="checkbox"/> Malaria | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Mononucleosis | <input type="checkbox"/> Age of onset of menses |
| <input type="checkbox"/> Eczema | <input type="checkbox"/> Recreational drug use | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Hives | <input type="checkbox"/> Alcohol | <input type="checkbox"/> Irregular period |
| <input type="checkbox"/> Difficulty sleeping | <input type="checkbox"/> _____ | <input type="checkbox"/> Light flow |
| <input type="checkbox"/> Nervousness | <input type="checkbox"/> Cigarettes | <input type="checkbox"/> Medium flow |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> _____ | <input type="checkbox"/> Heavy flow |
| <input type="checkbox"/> Depression | <input type="checkbox"/> _____ | <input type="checkbox"/> Length of flow |
| <input type="checkbox"/> Memory loss | <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Moodiness | <input type="checkbox"/> _____ | <input type="checkbox"/> Length of cycle |
| <input type="checkbox"/> Phobias | <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Mumps | <input type="checkbox"/> _____ | <input type="checkbox"/> Pain / bleeding with intercourse |
| <input type="checkbox"/> Measles | <input type="checkbox"/> _____ | <input type="checkbox"/> PMS (medium / severe) |
| <input type="checkbox"/> German measles | <input type="checkbox"/> _____ | |
| <input type="checkbox"/> Chicken pox | <input type="checkbox"/> _____ | |
| <input type="checkbox"/> Polio | <input type="checkbox"/> _____ | |

Hospitalizations

Please indicate Year, Operation / Illness, Hospital, City / State

First _____

Second _____

Third _____

Fourth _____

Additional information _____

Family Medical History

Place a check next to any condition that has been suffered by a blood relative and indicate which relative(s).

- | | |
|--|--|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Gout |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Mental illness |
| <input type="checkbox"/> Genetic disease | <input type="checkbox"/> High blood pressure |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Alcoholism |
| <input type="checkbox"/> Kidney / bladder problems | <input type="checkbox"/> Glaucoma |
| <input type="checkbox"/> Blood clotting | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Heart disease |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Anemia |

Signature _____