

## Medical History

### Please print the following information:

Today's date \_\_\_\_\_

Name \_\_\_\_\_

DOB: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Occupation \_\_\_\_\_

Education \_\_\_\_\_

Medications you are currently taking \_\_\_\_\_

Allergies (including medication) \_\_\_\_\_

### Please describe your diet:

Breakfast \_\_\_\_\_

Lunch \_\_\_\_\_

Dinner \_\_\_\_\_

Exercise \_\_\_\_\_

## Personal Medical History

Place a **check**  next to those conditions that you have had in the past and that are no longer present.

**Circle** those conditions that you are currently experiencing. **Indicate the age** of onset of these conditions.

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Failing vision                  | <input type="checkbox"/> Heart murmurs                 | <input type="checkbox"/> Hernia                        |
| <input type="checkbox"/> Double or blurred vision        | <input type="checkbox"/> Palpitations                  | <input type="checkbox"/> Bladder infections            |
| <input type="checkbox"/> Eye pain                        | <input type="checkbox"/> Swollen ankles                | <input type="checkbox"/> Kidney infections             |
| <input type="checkbox"/> Eye infections                  | <input type="checkbox"/> Fainting spells               | <input type="checkbox"/> Pain on urination             |
| <input type="checkbox"/> Decreased hearing               | <input type="checkbox"/> Leg pain when walking         | <input type="checkbox"/> Poor control of urination     |
| <input type="checkbox"/> Ringing / buzzing in ears       | <input type="checkbox"/> Varicose veins / phlebitis    | <input type="checkbox"/> Decreased force of urination  |
| <input type="checkbox"/> Ear infections                  | <input type="checkbox"/> Recent loss of appetite       | <input type="checkbox"/> Blood in urine                |
| <input type="checkbox"/> Allergies / hay fever           | <input type="checkbox"/> Difficulty swallowing         | <input type="checkbox"/> Kidney stones                 |
| <input type="checkbox"/> Sinus trouble                   | <input type="checkbox"/> Heartburn                     | <input type="checkbox"/> STD                           |
| <input type="checkbox"/> Nose bleeds                     | <input type="checkbox"/> Persistent nausea / vomiting  | <input type="checkbox"/> Chronic fatigue               |
| <input type="checkbox"/> Frequent sore throats           | <input type="checkbox"/> Ulcers                        | <input type="checkbox"/> Recent weight loss            |
| <input type="checkbox"/> Prolonged hoarseness            | <input type="checkbox"/> Chronic abdominal pain        | <input type="checkbox"/> Excess weight gain            |
| <input type="checkbox"/> Thyroid disease                 | <input type="checkbox"/> Recent change in bowel habits | <input type="checkbox"/> Anemia                        |
| <input type="checkbox"/> Asthma                          | <input type="checkbox"/> Diarrhea                      | <input type="checkbox"/> Bruise easily                 |
| <input type="checkbox"/> Emphysema                       | <input type="checkbox"/> Constipation                  | <input type="checkbox"/> Cancer                        |
| <input type="checkbox"/> Chronic cough                   | <input type="checkbox"/> Black or tarry stool          | <input type="checkbox"/> Diabetes                      |
| <input type="checkbox"/> Bronchitis                      | <input type="checkbox"/> Red blood in stools           | <input type="checkbox"/> Convulsions / seizures        |
| <input type="checkbox"/> Pneumonia                       | <input type="checkbox"/> Hemorrhoids                   | <input type="checkbox"/> Stroke                        |
| <input type="checkbox"/> Alcoholism                      | <input type="checkbox"/> Diverticulitis                | <input type="checkbox"/> Tremors                       |
| <input type="checkbox"/> Shortness of breath on exertion | <input type="checkbox"/> Gall bladder trouble          | <input type="checkbox"/> Muscle weakness               |
| <input type="checkbox"/> Shortness of breath lying flat  | <input type="checkbox"/> Jaundice / hepatitis          | <input type="checkbox"/> Numbness / tingling sensation |
| <input type="checkbox"/> Chest pain                      |  | <input type="checkbox"/> Frequent headaches            |

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Scarlet fever         | <input type="checkbox"/> # of miscarriages       |
| <input type="checkbox"/> Gout                | <input type="checkbox"/> Rheumatic fever       | <input type="checkbox"/> _____                   |
| <input type="checkbox"/> Cold or numb feet   | <input type="checkbox"/> Tuberculosis          | <input type="checkbox"/> Method of birth control |
| <input type="checkbox"/> Rashes              | <input type="checkbox"/> Malaria               | <input type="checkbox"/> _____                   |
| <input type="checkbox"/> Psoriasis           | <input type="checkbox"/> Mononucleosis         | <input type="checkbox"/> Age of onset of menses  |
| <input type="checkbox"/> Eczema              | <input type="checkbox"/> Recreational drug use | <input type="checkbox"/> _____                   |
| <input type="checkbox"/> Hives               | <input type="checkbox"/> Alcohol               | <input type="checkbox"/> Irregular period        |
| <input type="checkbox"/> Difficulty sleeping | <input type="checkbox"/> _____                 | <input type="checkbox"/> Light flow              |
| <input type="checkbox"/> Nervousness         | <input type="checkbox"/> Cigarettes            | <input type="checkbox"/> Medium flow             |
| <input type="checkbox"/> Anxiety             | <input type="checkbox"/> _____                 | <input type="checkbox"/> Heavy flow              |
| <input type="checkbox"/> Depression          | <input type="checkbox"/> _____                 | <input type="checkbox"/> Length of flow          |
| <input type="checkbox"/> Memory loss         | <input type="checkbox"/> _____                 | <input type="checkbox"/> _____                   |
| <input type="checkbox"/> Moodiness           | <input type="checkbox"/> _____                 | <input type="checkbox"/> Length of cycle         |
| <input type="checkbox"/> Phobias             | <input type="checkbox"/> _____                 | <input type="checkbox"/> _____                   |
| <input type="checkbox"/> Mumps               | <input type="checkbox"/> _____                 | <input type="checkbox"/> Pain / bleeding with    |
| <input type="checkbox"/> Measles             | <input type="checkbox"/> _____                 | <input type="checkbox"/> intercourse             |
| <input type="checkbox"/> German measles      | <input type="checkbox"/> _____                 | <input type="checkbox"/> PMS (medium / severe)   |
| <input type="checkbox"/> Chicken pox         | <input type="checkbox"/> _____                 |  |
| <input type="checkbox"/> Polio               | <input type="checkbox"/> _____                 |  |

### Hospitalizations

Please indicate Year, Operation / Illness, Hospital, City / State

First \_\_\_\_\_

Second \_\_\_\_\_

Third \_\_\_\_\_

Fourth \_\_\_\_\_

Additional information \_\_\_\_\_

### Family Medical History

Place a check next to any condition that has been suffered by a blood relative and indicate which relative(s).

- |  |  |
|--|--|
| <input type="checkbox"/> Allergies                 | <input type="checkbox"/> Gout                |
| <input type="checkbox"/> Arthritis                 | <input type="checkbox"/> Ulcers              |
| <input type="checkbox"/> Diabetes                  | <input type="checkbox"/> Mental illness      |
| <input type="checkbox"/> Genetic disease           | <input type="checkbox"/> High blood pressure |
| <input type="checkbox"/> Stroke                    | <input type="checkbox"/> Alcoholism          |
| <input type="checkbox"/> Kidney / bladder problems | <input type="checkbox"/> Glaucoma            |
| <input type="checkbox"/> Blood clotting            | <input type="checkbox"/> Headaches           |
| <input type="checkbox"/> Asthma                    | <input type="checkbox"/> Tuberculosis        |
| <input type="checkbox"/> Cancer                    | <input type="checkbox"/> Heart disease       |
| <input type="checkbox"/> Epilepsy                  | <input type="checkbox"/> Anemia              |

Signature \_\_\_\_\_