DO Student Health and Wellness Policies and Procedures

Health Insurance

PCOM requires that all students have health insurance and offers a group health insurance plan to its students. Every student is required to either enroll in coverage through Group Health Insurance Plan or waive coverage. The student insurance plan year begins on August 1 and ends on July 31. Students will receive an email from Student Group Health Insurance Plan annually and must either sign up for insurance from or waive coverage because they have pre-existing health insurance coverage.

At the beginning of each academic year the Office of the Registrar sends a list of registered students to the Office of Human Resources Benefits Manager. The students will receive an email with a link and instructions for enrolling or waiving the PCOM Student Group Health Insurance.

If a student has an eligible health insurance plan through a parent's plan, spouse's plan, or an individual policy they will have the ability to waive out of the group student health insurance plan. If the student does not have an eligible health insurance plan, PCOM requires that they enroll in the student health insurance plan. The Office of the Bursar will be notified of students who have enrolled, and the cost of insurance will be added to their bill. *If the student does not make an active election (waive or enroll) on the group health insurance portal, they will be automatically enrolled and billed for the coverage.* All PCOM Students are provided a Health Insurance Attestation form from the Office of Student/Resident Medical Records and are required to submit this form annually.

Mental Health and Wellness Services

Students are made aware of the Counseling Services offered by PCOM during orientation and can access contact information for the counselors on each campus at https://www.pcom.edu/student-life/student-affairs/counseling/. This information is also included in course syllabi.

The PCOM Counselors use a collaborative process that involves the development of a unique, confidential, and supportive relationship between the counselor and student. Confidentiality is maintained in accordance with all applicable laws and regulations. Faculty, staff, and administration will not have access to student counseling records without written permission from the student. Additional Mental Health Resources available to students are published on PCOM's intranet.

CRISIS HOTLINES – Available 24/7

- Georgia Crisis Line: 800-715-4225
- National Suicide Prevention Lifeline: 988
- Crisis Text Line: Text the Word HOME to 741741

Physical Health Services

Student Health Records

All DO students are required to submit medical records to the Office of Student/Resident Medical Records at the time of matriculation. Students must submit a health insurance attestation form annually. Additional records are required for students beginning their clinical rotations (vaccination records/serologic immunity records/TB screening/drug screening) and are utilized for credentialing purposes with PCOM affiliated clinical sites and preceptors. All student health records are confidential and are maintained in accordance with HIPAA and FERPA regulations.

Healthcare

It is PCOM policy that M1 and M2 students should seek health services from providers that are NOT responsible for grading and academic promotion, or the provider must recuse themselves from grading the student. M3 and M4 students who are assigned to clinical clerkships with preceptors that they have a therapeutic relationship with should immediately report this to the Office of Clinical Education and request reassignment to a different preceptor for that rotation. M3 and M4 students can NOT arrange an Elective Rotation with a preceptor that they have a therapeutic relationship with.

Influenza vaccinations are offered annually by the College. Alternately, a student may receive their influenza vaccination from another provider. All other clinical preventive health services are provided by the student's chosen health care provider and are billed to the student's health insurance plan.

Routine diagnostic and therapeutic health services are provided by the student's chosen health care provider and are billed to the student's health insurance plan. Students should understand completely the specifics of their individual health insurance plan, including coverage for in-network and out-of-network providers. Charges for healthcare services not covered by insurance are the responsibility of the student.

Occupational Exposures and Injuries

Student with bloodborne pathogen or other exposures and injuries acquired during training should immediately report the incident as per PCOM policy to all of the following:

- The Office of Student/Resident Medical Records: During Business Hours: Office Phone: 215-871-6420 and During Business Hours or After-Hours: Cell Phone: 267-683-7823

- The Office of Occupational and Environmental Safety: occ-env-safety@pcom.edu
- The supervisor of the clerkship (the student will follow all policies and procedures at the clinical training affiliated site).

The Office of Student/Resident Medical Records manages student health aspects related to exposures and injury incidents. The student is responsible for providing their personal health insurance at the time of treatment for the office visit, lab work, and medications on the day of the injury and any follow up visits, lab work, or medication. The student's personal health insurance plan will be billed by the providers for all services. Any claims not paid by the student's primary health insurance should be reported to Office of Student/Resident Medical Records. The student will be contacted to discuss follow-up and next steps regarding unpaid claims related to the incident. The Office of Occupational and Environmental Safety manages environmental aspects related to exposure incidents on campus or in campus-owned facilities.

Healthcare Providers Located near PCOM Campuses

Students can reach out to the Office of Student/Resident Medical Records for guidance on other possible sources of healthcare in the area. PCOM: 215-871-6420 or PCOM GA and SGA: 678-225-7484.

PCOM Philadelphia Campus

Students choosing to use any of PCOM's affiliated health care services (either located on or off campus) must follow the same payment-for-service policies that are required of patients from the external community who utilize PCOM health care services. PCOM medical practices accept most major insurance plans but must bill in accordance with each specific insurance plan benefits. Students can inform the PCOM affiliated clinic that they are a PCOM medical student.

Emergency Care:

- Lankenau Medical Center
  https://www.mainlinehealth.org/locations/lankenau-medical-center
  100 E. Lancaster Avenue
  Wynnewood, PA 19096
  Phone: 610-658-6003 or 866-225-5654

- Roxborough Memorial Hospital
  https://roxboroughmemorial.com/
  5800 Ridge Avenue
  Philadelphia, PA 19128
  Phone: 215-483-9900

Primary Care/Urgent Care:

- Vybe Urgent Care at PCOM
  https://www.vybe.care/locations/pcom/?utm_source=google&utm_medium=organic&
  4190 City Avenue, Suite 101
  Philadelphia, PA 19131
  Phone: 215-857-5300

- Family Medicine at PCOM (Joseph M. Hassman DO '65 Family Medicine Center)
  https://pcomhealth.org/family-medicine/
  4190 City Avenue, Suite 100
  Philadelphia, PA 19131
  Phone: 215-871-6380

- Maine Line Healthcare in Wynnewood
  https://www.mainlinehealth.org/locations/wynnewood-306-east-lancaster-avenue
  306 E. Lancaster Avenue
  Wynnewood, PA 19096
  Phone: 484-476-7200 or 866-225-5654

PCOM South Georgia Campus

Emergency Care:

- Colquitt Regional Medical Center
  www.colquittregional.com
  3131 S. Main Street
  Moultrie, GA 31768
  Phone: 229-985-3420

- John D. Archbold Memorial Hospital
  https://www.archbold.org/locations/archbold-memorial/
  915 Gordon Avenue
  Thomasville, GA 31792
  Phone: 229-228-2000

- Tift Regional Medical Center
  https://mysouthwell.com/tift-regional-medical-center/
  901 East 18th Street
  Tifton, GA 31794
  Phone: 229-382-7120 or 800-648-1935

Primary Care/Urgent Care Facilities:

- Convenient Care
  https://convenientcare.co/location-hours
  207 31st Ave SE
  Moultrie, GA
  Phone: 229-217-0088

- CareConnect Health
  https://ccthealth.org/careconnect-urgent-care-moultrie/
  358 Veterans Parkway N.
  Moultrie, GA 31788
  Phone: 229-891-3513

- Sterling Group Primary Care
  https://colquittregional.com/sterling-physician-group/services/primary-care/
  6 Hospital Park
  Moultrie, GA 31768
  Phone: 229-985-3320

- Archbold Urgent Care Center
  https://www.archbold.org/services/urgent-care/
  2705 E Pinetree Blvd.
  Thomasville, GA
  Phone: 229-228-4136

PCOM Georgia Campus

Emergency Care:

- Northside Hospital Gwinnett
  https://www.northside.com/locations/northside-hospital-gwinnett
  1000 Medical Center Blvd
  Lawrenceville, GA 30046
  Phone: 678-312-1000

- Northside Hospital Duluth
  https://www.northside.com/locations/northside-hospital-duluth
  3620 Howell Ferry Road
  Duluth, GA 30096
  Phone: 678-312-6800

Primary Care/Urgent Care

- Gwinnett Urgent Care
  gwinnetturgentcare.com
  1300 Peachtree Blvd, Unit 4101
  Suwanee, GA 30024
  Phone: 770-831-5525

- Strickland Family Medicine Center
  https://nsstrickland.com/
  665 Duluth Highway, Suite 501
  Lawrenceville, GA
  Phone: 678-312-0400

- Piedmont Urgent Care
  https://www.piedmonturgentcare.org/locations/lawrenceville-old-peachtree-ga?location=180
  1034 Old Peachtree Road NW
  Lawrenceville, GA 30043
  Phone: 678-335-5400