PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE
DOCTOR OF OSTEOPATHIC MEDICINE
TECHNICAL STANDARDS FOR ADMISSION AND MATRICULATION

All PCOM admitted applicants and current/enrolled students (candidates) must meet the Technical Standards set forth below. Therefore, all candidates are required to attest at the time they accept an offer to matriculate that they meet the Technical Standards, with or without reasonable accommodations and they must attest on an annual basis that they continue to meet the standards. These standards are not intended to deter any candidate who might be able to complete the requirements of the curriculum with reasonable accommodations. Please closely review the required Technical Standards before completing this form.

This form is used by a candidate to give notice to the College that the candidate either satisfies, or is not capable of satisfying the Technical Standards based on an ADA-recognized disability with or without accommodation.

For each Technical Standard: Candidate must check either “I will require accommodations” to meet the standard or “I will not require accommodations” to meet the standard.

For candidates requiring and requesting accommodations associated with a Technical Standard: Upon submission of the completed Technical Standard Form, you should email Disability Services (disabilityservices@pcom.edu) for instructions on submitting your accommodations request. You will be required to show documentation associated with each accommodation you are requesting, for every Technical Standard for which you will require accommodations to meet that standard.

Official matriculation and continued enrollment into or in a degree program cannot be confirmed unless the Technical Standards Form is completed and returned.

Please Note:
If other factors, such as cultural traditions or religious requirements, would preclude you from meeting the Technical Standards, you may not request other accommodations on this form, as these factors do not relate to an ADA-recognized disability. However, if such factors apply, you are advised to contact the Equity and Title IX Coordinator (titleixcoordinator@pcom.edu) to discuss the issues and request accommodation. While such requests will be reviewed and considered, there is no assurance that an accommodation will be offered.

NEXT STEPS:

1) Please review/complete each page of this packet, in its entirety. Keep a copy of each page for your records.

2) Return the signed forms via email to the TechStandards@pcom.edu.
The holder of a D.O. degree must have the knowledge and skills to function in a broad variety of clinical situations and to render a wide spectrum of patient care. In order to carry out the activities described below, candidates for the D.O. degree must be able to consistently, quickly and accurately integrate all information received, and they must have the ability to learn, integrate, analyze and synthesize data in the classroom and clinical settings. All students must demonstrate the competencies required by faculty and must have the capabilities to complete their course of study in a reasonably independent manner. The standards are:

### Technical Standard

#### Observation and Sensory Skills:
Candidates and students must have sufficient vision to be able to observe demonstrations, experiments and laboratory exercises in the basic sciences. They must be able to observe a patient accurately at a distance and close at hand for proper evaluation and treatment integration.

#### Communication Skills:
Candidates and students should be able to speak, hear and observe patients in order to elicit information, examine patients, describe changes in mood, activity and posture, and perceive non-verbal communications. They must be able to communicate effectively and sensitively with patients. Communication includes not only speech but also reading and writing. They must also be able to communicate effectively and efficiently in oral and written form with all members of the health care team.

#### Motor Skills:
Candidates and students should have sufficient motor function and strength and mobility to execute movements required to provide general care and emergency treatment to patients. Examples of emergency treatment required of physicians are cardiopulmonary resuscitation, administration of intravenous medication, the application of pressure to stop bleeding, the opening of obstructed airways, the suturing of simple wounds and the performance of simple obstetrical maneuvers. Such actions require coordination of both gross and fine muscular movements, equilibrium and functional use of the senses of touch and vision. Additionally, to perform osteopathic manipulation, upright posture with sufficient lower extremity and body strength is required.

#### Conceptual, Integrative and Quantitative Skills:
These skills include measurement, calculation, reasoning, analysis and synthesis. Problem solving, the critical skill demanded of physicians, requires all of these intellectual abilities. In addition, candidates and students should be able to comprehend three dimensional relationships and to understand the spatial relationships of structures.

#### Behavioral and Social Skills:
Candidates and students must possess the emotional health required for full utilization of their intellectual abilities, the exercise of good judgment, the prompt completion of all responsibilities attendant to the diagnosis and care of patients and the development of mature, sensitive and effective relationships with patients. Candidates and students must be able to tolerate physically taxing workloads and to adapt to changing environments, to display flexibility and to learn to function in the face of uncertainties inherent in the clinical problems of many patients. Compassion, integrity, concern for others, interpersonal skills, interest and motivation are all personal qualities that will be assessed during the admissions and educational processes.

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Requirements and Expectations for Osteopathic Manipulative Medicine and Physical Diagnosis

PCOM maintains a curriculum that stresses the importance of the body as a unit, and the applicability of touch as an integral part of diagnosis and therapy for all patients of both genders. As part of this training, students will participate in physical examination and osteopathic manipulative treatment by fellow students. This physical examination is critical to learning the skills required of practicing osteopathic physicians; therefore, it is mandatory that all matriculating students understand and accept these responsibilities. A core component of osteopathic medical education is using touch for diagnosis and therapeutic purposes. To acquire competencies in physical diagnosis and osteopathic manipulative medical diagnosis and treatment, all students are required to touch others and to be touched.

These responsibilities include:

1. Adhere to appropriate dress as determined by the Department (i.e. gym shorts, tee shirt, sports bra) as necessary to participate in the physical examination experience.
   
   I accept this responsibility _____                 I do not accept this responsibility ______

2. Allow other students, faculty and teaching fellows to see and touch them so that all become proficient in physical diagnosis and manipulative treatment.

   I accept this responsibility _____                 I do not accept this responsibility ______

3. Assume the role of the patient to develop an understanding of the patient experience.

   I accept this responsibility _____                 I do not accept this responsibility ______

4. Demonstrate professional demeanor at all times.

   I accept this responsibility _____                 I do not accept this responsibility ______

Professional Expectations

Students are expected to adhere to a standard of behavior and conduct consistent with the high standards of the healing and scientific profession. All students are expected to:

1. Respect the right of their fellow students to pursue their studies in a professional environment conducive to study.

2. Maintain professional interpersonal relationships by demonstrating civility and respect for each other.

3. Uphold the highest standard of academic honesty and integrity.

4. Show respect for the diversity, which exists among students, faculty and patients in regard to disability, social background, age, gender, religious beliefs, race, sexual orientation, and particular disease process.

5. Fulfill their responsibilities to their peers and patients in group work, including clinical clerkships and outside training assignments.

6. Adhere to all of the policies of the College, including those prohibiting discrimination or harassment.

The College realizes that emergencies may occur after matriculation, and will address these concerns as the need arises.

I accept these expectations _____                 I do not accept these expectations ______
PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE
Doctor of Osteopathic Medicine
Technical Standards and Professional Expectations for Matriculation

Please complete the information requested below and return all pages of the completed technical standard form to the Office of Admissions at PCOM. Please keep a copy of all pages for your records.

Reminder: It is your responsibility to (a) notify Disability Services if you require accommodations in order to meet the Technical Standards and (b) provide adequate, current documentation of the nature and extent of the condition and/or functional limitations to be accommodated.

☐ I meet all of the College’s Technical Standards for Admission and Matriculation and do not require accommodations.

OR

☐ I do not meet the College’s Technical Standards for Admission and Matriculation without accommodation. By checking this box, I understand that my acceptance will not be withdrawn but that I should follow the procedure for requesting accommodations.

I understand that I will need to contact Disability Services (disabilityservices@pcom.edu) in order to request accommodations. Upon completion of the forms required, the College will assess the accommodations requested to determine if they are reasonable and are able to be met.

This document is for REVIEW ONLY. ONLY accepted candidates will be sent an official copy in the acceptance packet. Failure to sign and return an official copy of this form could delay matriculation or prevent promotion or graduation.