TRANSGENDER MEDICINE SYMPOSIUM

Valley Forge Casino Resort
Event Center – New Jersey – Delaware Rooms
1160 First Avenue
King of Prussia, PA

Program Co-Chairs:
A.C. Demidont, DO ’00
Adult & Adolescent Infectious Diseases and HIV Medicine
LGBTQ and Transgender Healthcare
World Health Clinicians – Circle Care Center, Norwalk, CT
Lisa M. McBrine, PhD
Chief Diversity Officer
Philadelphia College of Osteopathic Medicine

Saturday, April 16, 2016

Philadelphia College of Osteopathic Medicine

Continuing Education Credit
Physicians: “The Philadelphia College of Osteopathic Medicine has been approved through the AOA Council on Continuing Medical Education for eight and a half AOA Category 1-A CME credits.”

Sign-in and full day attendance of program is required for credit. All faculty participating in continuing medical education programs sponsored by PCOM are expected to disclose to the program audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Pennsylvania Medical Society and the Philadelphia College of Osteopathic Medicine. The Pennsylvania Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

The Pennsylvania Medical Society designates this live activity for a maximum of 8.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accommodations
Radisson Hotel Valley Forge, located adjacent to Valley Forge Casino Resort in King of Prussia, PA. Direct: (610) 354-8118

Parking
Free Self Parking or Valet $10.00.

Fee Policies
Physicians, DMD $250.00
Physician Assistants, Psychologists, Therapists $150.00
Nurses, Nurse Practitioners, Social Workers and all other Health Care Professionals $100.00
PCOM Fellows, Residents and Students $25.00.
All other Fellows, Residents & Students $50.00.

Registration fees for Saturday and Sunday programs are not refundable, nor can they be credited to future programs.
12:30 P.M. LUNCH AND LECTURE – DIFFERENCES BETWEEN FIM AND MF SURGICAL OPTIONS
Kathy L. Rumer, DO ’00, Aesthetic and Reconstructive Plastic Surgeon, Fellow of the American College of Osteopathic Surgeons; Site Director for the Philadelphia College of Osteopathic Medicine Plastic and Reconstructive Surgery Fellowship

1:30 P.M. MF SURGICAL OPTIONS AND GENDER WELLNESS
Christine Clavies, DO ’95, Plastic and Reconstructive Surgeon, CEO and Founder of Papillion Gender Wellness Center; a Comprehensive Transgender Clinic
Case Study with Maureen Osborne, PhD

3:00 P.M. COFFEE/TEA BREAK

3:15 P.M. TECHNIQUES OF FACIAL FEMINIZATION SURGERY
Jeffrey Spiegel, MD, Facial Plastic Surgeon, Chief of the Division of Facial Plastic and Reconstructive Surgery at Boston University Medical Center

4:00 P.M. FIM SURGICAL OPTIONS: NATURAL AND AESTHETIC RESULTS WITH A ONE-STAGE PROCEDURE
Sherman Leis, DO ’67, Plastic and Reconstructive Surgeon, Professor & Chair – Division of Plastic and Reconstructive Surgery, Philadelphia College of Osteopathic Medicine; Director, Philadelphia Center for Transgender Surgery

5:00 P.M. PANEL DISCUSSION/Q&A – THE ROLE OF PRIMARY CARE
A.C. Demidoff, DO ’00, Adult & Adolescent Infectious Diseases and HIV Medicine; World Health Clinicians – Circle CARE Center
Monique A. Gary, DO ’09, M.Sc., Breast Surgical Oncologist, Director of Breast/Ovarian Cancer Risk Assessment Program, Grand View Health, Sellersville, PA; Clinical Instructor of Surgery, University of New England College of Osteopathic Medicine
Jean Greybowksi, DO ’87, Assistant Professor, Department of Family Medicine, Philadelphia College of Osteopathic Medicine – Roxborough Healthcare Center

DESCRIPTION:
Transgender patients have historically been a stigmatized and underserved population of patients. The purpose of this one-day Continuing Medical Education (CME) symposium is to educate primary care providers about the medical and psychological needs of transgendered patients. The symposium will consist of lectures and interactive sessions to familiarize participants to what they need to know to care for and follow transgender patients. At the end of the day, participants will be better informed and more prepared to provide “primary care” to this often underserved population. Included in the definition of “primary care” will be the knowledge to allow the participant to take an active role in prescribing and following hormonal therapy for these patients as well as awareness of which preventative health measures need to be provided for these patients. Furthermore, surgical options for both MTF and FTM patients will be thoroughly discussed. The participant will also become familiar with resources available for the care of the transgender patient.

OBJECTIVES:
Upon completion of this program, participants should be able to:

• Discuss established protocols and guidelines in treating transgender patients.
• Recognize the need for and establish realistic primary care treatment plans for transgender patients.
• Recognize the need for and implement a methodology that will establish a continuity of care and follow-up. The lack of continuity of care is a particularly keen problem with this group of patients.
• Recognize the unique challenges presented to the medical community by Male to Female (MTF) and Female to Male (FTM) transgender patients, as well as gender fluid individuals. Participants will learn the meaning of “affirmed gender.”
• Recognize the incredibly diverse nature of the transgender spectrum. Participants will be introduced to the new status of “GenderQueer.”
• Describe the surgical options available for transgender patients and what surgery can achieve and what it cannot achieve.
• Recognize the emotional impact of “transitioning,” as it applies to both patients and colleagues.
• Advocate for the need to include Transgender Medicine in Medical School Curricula.