

THANK YOU!



Dear Alumni and Friends,

This past year at Philadelphia College of Osteopathic Medicine has been very exciting. The impact that you have on the institution is tremendous and our achievements would not be possible without your unwavering support. We thank you for your continued dedication to our PCOM community, which in turn helps our students be the best healthcare professionals possible.

This Impact Report shows the many ways your dollars went to work: creating a new community health and wellness initiative, offering innovative classes, funding opportunities for students to reduce their debt, and providing a diverse learning atmosphere for students to feel respected and valued.

Our most valuable resource is people. We know that as a community of thinkers and learners, we are stronger together.

Please accept my deepest appreciation and gratitude for continuing to support PCOM's vision for shaping the future of health.

Kind regards,

Jay S. Feldstein, DO '81
President and Chief Executive
Officer

INSPIRE



**Chimeziri
Ahuruonye
(DO '21,
PCOM Georgia)**

**J. STEVEN BLAKE,
DO '89 ENDOWED
SCHOLARS SOCIETY
RECIPIENT**

"I always knew I wanted to go into medicine from a young age. I worked in Emergency Medical Services for several years before I decided to pursue becoming a DO. It was a challenge financially and academically to return to school after being out in the workforce. This scholarship helps alleviate some of the hardships that come with financing a medical education. I will gratefully uphold the values of this scholarship and become a pillar of my community through health care."



**Teena John,
PharmD '19,
PCOM Georgia**

**DR. JOHN C.
KERMODE FUND
RECIPIENT**

"I am thankful to receive the Dr. John C. Kermode award. This generous funding helps ease the challenges that I have faced while pursuing my education. As I start a medical affairs and medical strategy fellowship in immunology/oncology in the pharmaceutical industry, I am thrilled to fulfill my passion for research and my desire to impact patients globally in my new role. Receiving this award has inspired me to give back to future pharmacists who will also transition from life as a student to a professional career."



**Olga Bilardi
(PsyD '23)**

**MATTHEW SCHURE,
PHD ENDOWED
SCHOLARSHIP
RECIPIENT**

"I am a first-year PsyD student with an interest in specializing in school psychology. When I learned that I received this incredible scholarship, I was very grateful for this assistance. I have always been fascinated by the field of psychology. After working with children at community service events, shadowing school psychologists and completing an internship at a school district, I knew that I wanted to help children succeed academically, socially, behaviorally and emotionally. I am excited to begin my graduate education at PCOM."



**Jacob Kemmerer
(MS/PA '20)**

**SARA SOMERS
RUPERT, RN, CLASS
OF 1933 ENDOWED
PHYSICIAN ASSISTANT
SCHOLARSHIP
RECIPIENT**

"I cannot fully express my appreciation for being awarded the Sara Somers Rupert, RN, Class of 1933 Endowed Physician Assistant Scholarship which will be used to help pay my tuition. I am humbled to have been chosen as the PA student who embodies the highest humanistic, caring and compassionate qualities of the profession. My time at PCOM has been so rewarding as a volunteer, member of the student government and work study program. I look forward to another great year and my upcoming rotations."

Patience Mason, Chief Student Affairs Officer, PCOM

"The Office of Student Affairs is excited to support students on their professional journey and in their personal development. Our students are gifted, bright and extremely talented. While this is incredibly impressive, it is not what touches us the most. What resonates with us is watching a group of people who are compassionate, emphatic, altruistic and engaging. They consistently use their talents and energies to better the lives of others as evidenced by their volunteer hours, support of medical outreach activities, participation in community service programs and involvement in mission trips.

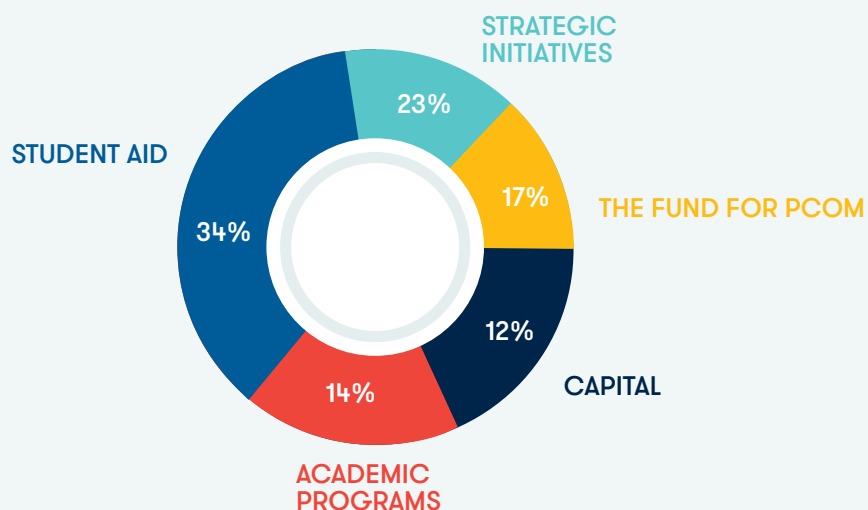
I am inspired to give because I am inspired by what they give. They give of themselves, their precious time, their amazing talent and in many cases, their limited financial resources. By contributing to PCOM's travel funds, we can help to ease the financial burden that comes with pursuing these activities.

Student Affairs will work to identify, develop and support opportunities for students to engage both here and abroad. We want them to see themselves as global citizens, recognizing that their decisions, actions and contributions can have a lasting impact."

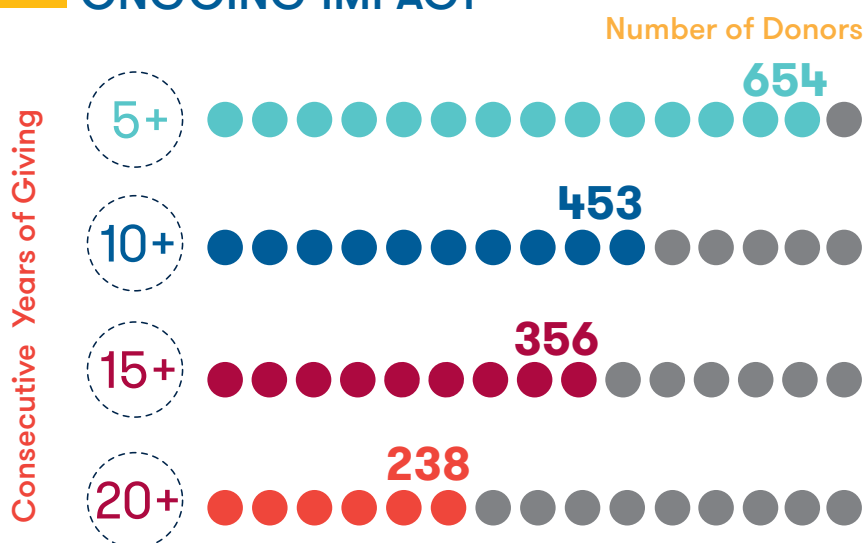


INVEST

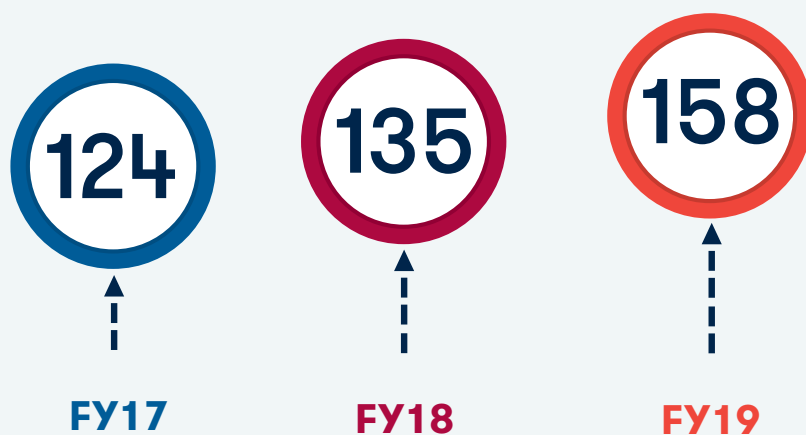
YOUR INVESTMENT



ONGOING IMPACT



NUMBER OF DONOR ENDOWED FUNDS



FISCAL YEAR 2019 RESULTS



\$3,490,485

IN COMMITMENTS
TO PCOM



29%

INCREASE IN
YOUNG ALUMNI
GIVING



100%

GIVING BY PCOM
TRUSTEES AND
EXECUTIVE LEADERSHIP

COMMUNITY CARE — PCOM WELLNESS FEST



Wellness Fest 2018 — PCOM Campus

On September 22, 2018, PCOM held its first-ever community Wellness Fest, title sponsored by Independence Blue Cross. PCOM students, faculty and staff welcomed nearly 600 members of the surrounding community from 97 different zip codes to campus for a day of free health screenings, free food and fun for the entire family.

"PCOM Wellness Fest allowed us to open our campus up to the community to educate them about the whole person approach to wellness that comprises the osteopathic philosophy," says Jay S. Feldstein, DO '81, president and chief executive officer. "When we focus on the health of the community, we improve health outcomes for the individual."

Proceeds raised from Wellness Fest sponsors benefited the PCOM Healthcare Centers, which provide care to underserved populations in Philadelphia and rural Pennsylvania and serve as training sites for the College's osteopathic medicine and psychology students. This year's event raised more than \$220,000 and next year's event is scheduled for September 21, 2019.

MISSION POSSIBLE — STUDENT MISSION TRIPS

During the course of the academic year, students from PCOM and PCOM Georgia have the opportunity to learn lessons outside of the classroom. Medical mission trips provide students hands-on learning environments that are modeled after the OMM training philosophy. Mission destinations this past year included places such as Peru, Honduras, Argentina, Costa Rica, Mexico, Arizona and Vietnam. In order to offset some of the costs associated with these trips, PCOM offers students the opportunity to apply for funds provided by the Albert D'Alonzo, DO Endowed Memorial Award, the Feldstein Family Fund for Medical Missions Travel Award and the Connelly Foundation.

Alexandra Digenakis, DO '19, one of the D'Alonzo award recipients in the fall of 2018, used the funds to travel to Argentina and complete a rotation through the largest public urgencias (emergency) hospital in Córdoba.

"As an individual interested in integrating global health in my career as an emergency medicine physician, it was a great experience to see first-hand the similarities and differences in medical care between the United States and Argentina. The largest differences in the health care truly stemmed from the lack of resources available in the hospital."



Alexandra Digenakis, DO '19, in Argentina.



PCOM Students in the Kitchen.

COOKING HEALTHY — CULINARY MEDICINE ELECTIVE

Enthusiastically supported by Jay S. Feldstein, DO '81, president and chief executive officer of PCOM, the culinary medicine elective is designed to teach future physicians about the correlation between diet, nutrition and wellness, so that they can share that information with their patients. The first class was open to first- and second-year DO students to expand their knowledge in this area.

Co-directors of the program, Farzaneh Daghighi, PhD, professor of biochemistry, Department of Biochemistry, and Joanne Kakaty-Monzo, DO '97, academic chair and clinical associate professor, Department of Obstetrics and Gynecology, modeled the program after one at Tulane

University. At PCOM, four cohorts took the course one day a week for four weeks. The students completed a combination of journal reading, viewing kitchen safety videos, taking practice quizzes, and of course, creating healthy meals.

The course became so popular with students that registration for the winter 2018 term filled up almost immediately, resulting in the creation of a waiting list. The plan is to expand the course offering.