## MENTAL HEALTH COUNSELING (MS)

# Building a Brighter World One Person at a Time.

### **THE WORLD NEEDS**

### **MENTAL HEALTH COUNSELORS.**

According to the National Center for Health Workforce Analysis' Behavioral Health Workforce Projections, demand for mental health counselors is projected to exceed supply by 2030. At Philadelphia College of Osteopathic Medicine (PCOM), we are devoted to meeting this need by graduating students from our mental health counseling program who adopt a holistic view in which they attend to all aspects of a person's life to help people live a healthier life full of promise. STUDENTS GAIN VALUABLE FIELD EXPERIENCE IN A VARIETY OF MENTAL HEALTH SETTINGS THROUGH CLINICAL PRACTICUM AND INTERNSHIPS.

> Diversity, equity and inclusion remain at the forefront of our mission. PCOM actively nurtures an environment of curiosity and respect, promoting the discovery and celebration of our differences.



STUDENTS BENEFIT FROM INTERDISCIPLINARY OPPORTUNITIES IN WHICH THEY LEARN FROM, WITH, AND ABOUT OTHER HELPING PROFESSIONALS INCLUDING DO'S, PA'S, AND PSYD'S. THESE EXPERIENCES ALLOW STUDENTS TO APPROACH MENTAL HEALTH WITH MEDICAL KNOWLEDGE AND USE A WHOLE PERSON HEALTH PERSPECTIVE.

STUDENTS ENROLLED IN OUR MASTER OF SCIENCE (MS) IN MENTAL HEALTH COUNSELING PROGRAM STUDY THE MIND, BODY AND SOCIOECONOMIC FACTORS RELATED TO THE PROSPERITY OF INDIVIDUALS, FAMILIES AND COMMUNITIES.

- STUDENTS PARTICIPATE IN A STANDARDIZED PATIENT PROGRAM WHERE THEY PRACTICE COUNSELING SKILLS IN A SIMULATED ENVIRONMENT AND FACULTY REVIEW THESE SKILLS SESSIONS.
- ---- OUR PROGRAM ALLOWS FOR MAXIMUM FLEXIBILITY, WITH FULL AND PART-TIME OPTIONS.
- IN ADDITION TO RECEIVING A FACULTY ADVISOR, EACH INCOMING FIRST-YEAR STUDENT CHOOSES A SECOND-YEAR STUDENT AS A MENTOR.
- EACH COURSE IN THIS PROGRAM HAS A UNIQUE DIVERSITY OBJECTIVE ASSOCIATED WITH THE LEARNING.

#### PROGRAM BASICS

PCOM's 60-credit MS in Mental Health Counseling program prepares students to provide evidencebased, culturally sensitive and collaborative treatment in a variety of settings.

Our core curriculum covers ethics, clinical assessment, counseling skills, research methods, as well as social and cultural foundations shown to impact well-being. Throughout the program our students build on their foundational skills and knowledge through a variety of courses, such as human sexuality, trauma, cognitive behavioral therapy and other evidenced-based interventions. Students can choose a concentration in marriage and family therapy, clinical mental health or addictions counseling.

#### LOCATION

Our main campus is located on the outskirts of Philadelphia and features a gym, a clinical learning and assessment center, a cafeteria, meditation spaces, a digital library, computer labs and more.



# To find out more about our admissions requirements or to apply, please visit <u>pcom.edu/admissions</u>.

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