PALLIATIVE CARE: INTERDISCIPLINARY SYMPOSIUM
FREDERICK J. GOLDSTEIN, PhD, FCP – PROGRAM CHAIRMAN

7:30 A.M.  REGISTRATION & CONTINENTAL BREAKFAST
8:00-9:00 A.M.  SESSION I · Live, PA | Video Conference, GA
Palliative Care: Opioids and Opioid Adjuncts
Frederick J. Goldstein, PhD, FCP
Professor of Pharmacology, Department of Bio-Medical Sciences, Philadelphia College of Osteopathic Medicine

9:00-10:00 A.M.  Palliative Care: Psychological Concerns
Stephanie H. Felgoise, PhD, ABPP
Professor and Vice-Chair, Department of Psychology, Director, PsyD Program in Clinical Psychology, Philadelphia College of Osteopathic Medicine

10:00-10:15 A.M.  BREAK

10:15-11:15 A.M.  SESSION II · Live, GA | Video Conference, PA
Palliative Care: Role of Clinical Pharmacist
Sonia Patel Thomas, PharmD
Assistant Professor of Pharmacy Practice, School of Pharmacy, PCOM-GA

11:15-12:15 P.M.  SESSION III · Live, PA | Video Conference, GA
Palliative Care: Spiritual Assessment and Needs
Christine K. A. Bruce, MDiv, MCAT, LMFT
Marriage and Family Therapist, Counseling Center of Holy Redeemer, Meadowbrook, PA; Private Practice, Rydal, PA

2:00-3:00 P.M.  Palliative Care: Osteopathic Medicine
Stanley J. Savinese, DO ’87, FAAHPM
Executive Medical Director, VNA Hospice of Philadelphia; Co-Director of Palliative Care Medicine, Temple University Hospital

3:00-3:30 P.M.  Q & A – CONCLUSION – DR. FREDERICK GOLDSTEIN

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DESCRIPTION
This CME is devoted to major aspects of Palliative Care. Although most physicians are not directly involved in such treatment, many will have patients who enter this process. In addition, doctors treat patients whose family members are receiving palliation. Topics presented will increase knowledge and understanding among attendees of opioid adjuncts, pharmacist and physician assistant involvement, spiritual and psychological concerns, and the role of palliative care physicians. There will be a summary of the 2016 CDC Guidelines for Prescribing Opioids for Chronic Pain. Cases will be presented.

OBJECTIVE
Upon completion of this program, participants should be able to:
• Identify benefits of opioids in chronic non-cancer pain.
• Describe toxicity from high-dose opioid dosage.
• Identify separate psychological needs of patients and their caregivers.
• Understand the role of psychology in palliative care for patients and caregivers.
• Describe the role of pharmacist in palliative care setting.
• Recognize the role of pharmacist in parenteral nutrition.
• Review benefits and barriers to utilization of physician assistants in palliative care.
• Recognize importance of identifying and meeting patient/family goals & assisting them in achieving reasonable objectives.
• Understand and employ awareness and sensitivity to multicultural norms and practices in bereavement.
• Describe symptom relief for patients with serious illness and state of Palliative Care 2016.