

PCOM is a participating site with Temple Lung Center for a clinical study designed to reduce exacerbations of COPD with consequent decreases in ER visits and hospital admissions. Patients will be followed for two years.

If you are interested in having your COPD patient participate, please contact Dr. Frederick Goldstein, Director of Research, PCOM MEDNet, at 215-871-6859.

The following is designed for any patient who is interested in volunteering.

***As a study volunteer,
you would go once
to a doctor's office and:***

1. Physical exam
2. Lung function testing
3. Be assigned to one of 2 groups: standard care or access to a Call Center number for the reporting of possible COPD flare-up symptoms
4. Keep a daily diary
5. Return for a 1-hour doctor's visit once every 6 months for 2 years

Eligible participants are:

- 40-80 years old
- Current or former smokers
- Have been in the hospital for a COPD flare-up in the past 1-3 months.

Physicians currently participating are:

David Kuo, D.O.
PCOM Roxborough Healthcare Center
215-483-3800

Barbara Williams-Page, D.O.
PCOM Cambria Healthcare Center
215-5780-3300



What is COPD?

Chronic Obstructive Pulmonary Disease (COPD) is a disease of damaged lungs caused mainly by smoking. Emphysema and chronic bronchitis are the two main types of COPD. In COPD, not enough air gets into the lungs. Cough, shortness of breath, and lots of sputum (mucus, phlegm, or secretions) are symptoms. In severe COPD, breathing is very difficult. Extremely bad periods (flare-ups or exacerbations) can send COPD patients to the emergency room struggling for breath. Some individuals with COPD, but not others, have severe episodes quite often. COPD is the 4th leading cause of death in the U.S.

<http://www.temple.edu/pascope>